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**Everyday** favourites

TUESDAY

WEDNESDAY TO

Mid-week

roast

THURSDAY

FRIDAY

Take-away

day

SAMMY SWEETCORN SAYS...

'Enjoy your

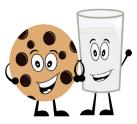


opton 1	Pork Sausages & Gravy	BBQ Chicken	Roast Chicken with Stuffing & Gravy	Spaghetti Bolognaise	Chicken Nuggets
option 2	Jacket Potato with Cheese & Baked Beans v	Vegetarian Sausage Roll v	Cheese & Potato Pie v	Vegetable Goujons v	Pizza Selection v
CARBS	Mashed Potatoes or Crusty Bread	Pasta or Diced Potatoes	Roast & New Potatoes	Garlic & Herb Bread or Potato Wedges	Potato Crunchies or Pasta
PUDDANG	Mousse	Waffle	Iced Cake	Cookies	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

Freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts















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'Enjoy your lunch'



OPTION 1	Fish Finger Fish Cake or Fish Shape	Breaded Chicken Steak	Roast Beef Yorkshire Pudding & Gravy	Chicken Tikka Masala	Pizza Selection
option 2	Mac 'n' Cheese v	Quorn Bolognaise v	Roasted Quorn Fillet & Gravy v	Jacket Potato with Cheese & Baked Beans v	Nacho Bites v
CARBS	Diced Potatoes or Crustry Bread	Potato Crunchies or Garlic & Herb Bread	Roast & Mashed Potatoes	Rice or Potato Wedges	Chips
PUDDING	Chocolate Crunch	Waffle	lce-cream Tub	Toffee Apple Slice Custard	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts















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OPTON 1	Sweet & Sour Chicken	Beef Burger with tomato ketchup	Roast Pork Yorkshire Pudding & Gravy	Mac 'n' Cheese Chicken Bake	Shepherd's Pie
2 2	BBQ Veggie Hot Dog v	Vegetable & Bean Burger v	Meat (free) Balls Yorkshire Pudding & Gravy v	Jacket Potato with Cheese & Baked Beans v	Pizza Selection v
CARBS	Pasta or Potato Crunchies	Diced Potatoes	Roast & New Potatoes	Potato Wedges or Garlic & Herb Bread	Chips
PUDDING	Flapjacks	Iced Cake	Waffle	Apple Puff Slice Custard	Fruity Friday A selection of chilled, frozen & fresh fruit desserts

freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts