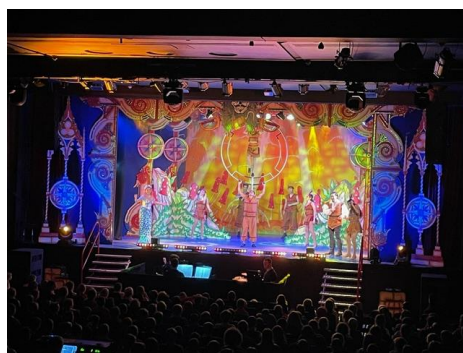


# The Brockton Bulletin

15th December 2023

Brockton had a fabulous time at the Pantomime today, oh no they didn't, oh yes they did!  
What a lovely end to the Autumn Term.

Thank you to Mrs Conmy, Grace Carver and the all the Brockton staff for helping with the Panto outing this year.



—Diocese of—  
Hereford

THE CHURCH  
OF ENGLAND

## *Autumn Term Dates*

### December

**Tuesday 19th December**  
Christmas Jumper Day  
Class Christmas Party  
**Wednesday 20th December**  
End of Term

## *Spring Term Dates*

### January

**Wednesday 3rd January**  
PD Day  
**Thursday 4th January**  
Start of term – Children back to school  
**Wednesday 10th January**  
Christingle Service @ Bourton Church 3.45pm

### February

**Monday 5th February**  
Dance Festival Practice, WBS (TBC)  
**Tuesday 6th February**  
Dance Festival, WBS (TBC)  
**Wednesday 7th February**  
Dance Festival, WBS (TBC)

# Fortnightly Message from

**Mrs Hunt**



As we come to the end of another busy term it is nice to look back and reflect on all that has been achieved by our pupils again this year.

From sports events to creative activities, music and song and public performance, I am proud of all that we are able to offer to our pupils in addition to the regular curriculum. This would not be possible without the commitment and dedication of all of our staff, and I would thank them all for going “above and beyond” to ensure that our children continue to thrive.

We have had to make a number of changes to our planned schedule for the end of term – here is a summary of next week for you:

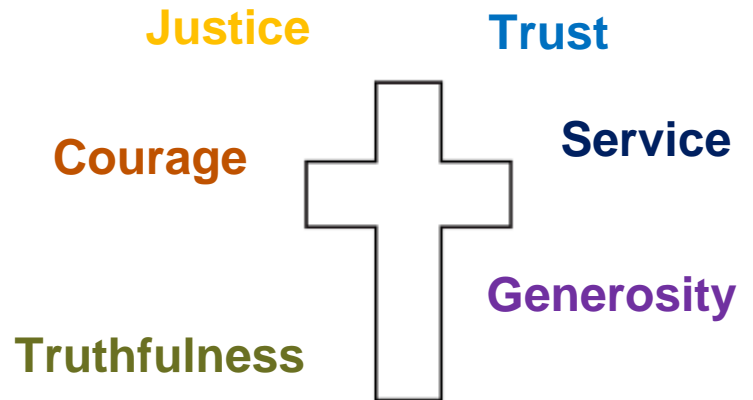
Monday 18<sup>th</sup> December  
Class 1 Nativity performance 2:00pm in the school hall – all welcome

Tuesday 19<sup>th</sup> December  
Class Christmas parties and Christmas jumper day – all pupils welcome to attend in festive attire if they wish!

Wednesday 20<sup>th</sup> December  
End of term

Wishing everyone a relaxing and enjoyable Christmas break. I look forward to seeing all of the children back in school on **Thursday 4<sup>th</sup> January.**

## Our Christian Values



**This half of term our Christian value focus is**

### Trust

Knowing our friends will support us.

Standing on God's promises.

Being trustworthy.

Trusting God.

Knowing Jesus is with us in stormy times.

# Our School Menu

**WEEK 1** *Fresh DINING*

**MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

Everyday favourites Mid-week roast Take-away day

**SAMMY SWEETCORN SAYS...**  
'Enjoy your lunch!'

OPTION 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Pork Sausages & Gravy	BBQ Chicken	Roast Chicken with Stuffing & Gravy	Spaghetti Bolognese	Chicken Nuggets
OPTION 2	Jacket Potato with Cheese & Baked Beans v	Vegetarian Sausage Roll v	Cheese & Potato Pie v	Vegetable Goujons v	Pizza Selection v
CARBS	Mashed Potatoes or Crusty Bread	Pasta or Diced Potatoes	Roast & New Potatoes	Garlic & Herb Bread or Potato Wedges	Potato Crunchies or Pasta
PUDDING	Mousse	Waffle	Iced Cake	Cookies	<b>Fruity Friday</b> A selection of chilled, frozen & fresh fruit desserts

**ALL SERVED WITH** = A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

Bracton Primary School Food allergen & intolerance information - before ordering speak to our staff about your requirements www.skireservices.co.uk

**WEEK 2** *Fresh DINING*

**MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

Everyday favourites Mid-week roast Take-away day

**SAMMY SWEETCORN SAYS...**  
'Enjoy your lunch!'

OPTION 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Fish Finger Fish Cake or Fish Shape	Breaded Chicken Steak	Roast Beef Yorkshire Pudding & Gravy	Chicken Tikka Masala	Pizza Selection
OPTION 2	Mac 'n' Cheese v	Quorn Bolognese v	Roasted Quorn Fillet & Gravy v	Jacket Potato with Cheese & Baked Beans v	Nacho Bites v
CARBS	Diced Potatoes or Crusty Bread	Potato Crunchies or Garlic & Herb Bread	Roast & Mashed Potatoes	Rice or Potato Wedges	Chips
PUDDING	Chocolate Crunch	Waffle	Ice-cream Tub	Toffee Apple Slice Custard	<b>Fruity Friday</b> A selection of chilled, frozen & fresh fruit desserts

**ALL SERVED WITH** = A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

Bracton Primary School Food allergen & intolerance information - before ordering speak to our staff about your requirements www.skireservices.co.uk

**WEEK 3** *Fresh DINING*

**MONDAY** **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

Everyday favourites Mid-week roast Take-away day

**SAMMY SWEETCORN SAYS...**  
'Enjoy your lunch!'

OPTION 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	Sweet & Sour Chicken	Beef Burger with tomato ketchup	Roast Pork Yorkshire Pudding & Gravy	Mac 'n' Cheese Chicken Bake	Shepherd's Pie
OPTION 2	BBQ Veggie Hot Dog v	Vegetable & Bean Burger v	Meat (free) Balls Yorkshire Pudding & Gravy v	Jacket Potato with Cheese & Baked Beans v	Pizza Selection v
CARBS	Pasta or Potato Crunchies	Diced Potatoes	Roast & New Potatoes	Potato Wedges or Garlic & Herb Bread	Chips
PUDDING	Flapjacks	Iced Cake	Waffle	Apple Puff Slice Custard	<b>Fruity Friday</b> A selection of chilled, frozen & fresh fruit desserts

**ALL SERVED WITH** = A choice of two vegetables, baked beans, freshly prepared seasonal salads, crusty bread, fresh fruit salad & yoghurts

Bracton Primary School Food allergen & intolerance information - before ordering speak to our staff about your requirements www.skireservices.co.uk

Polite reminder:

Please make sure your SCHOOL MONEY account is topped up to pay for school meals ordered.

To check if your child is eligible for free school meals and find out how to apply go to :

<https://www.shropshire.gov.uk/-free-school-meals>



## Shepherd Surprise Collective Worship

For part of our collective worship this week, we reflected on the angels visiting the shepherds. We explore how we can share the joy of Christmas with others? You can watching the video again here: <https://youtu.be/seCx0iQ3oqY>. To help you reflect there are three activities below from [Prayerspacesforschools.com](http://Prayerspacesforschools.com)

### Further ideas for reflecting

#### Joy to the World (for school)

**Equipment:** Hand bell template printed & cut out ready. Pen/Pencils

**Set up:** A place to hang all the bells up. Have the printed bell shapes and instructions ready to read.

**Instructions:**

- Holding the bell template in your hand, reflect on (think back on) this last year, its probably full of highs and lows
- When you think about something that has brought you joy, if you want to write or draw it on to the bell!
- Then hang it up with the other bells and let your joy be shared with others!



#### Shepherds on a hill: World Map

**Equipment:** Felt tip pens, PostIt notes, world map, cushions.

**Set up:** Put the world map on the floor and place the cushions, pens and PostIts around it.

**Instructions:**

- In the Christmas story, God chose to share the news about the birth of Jesus with shepherds first, people who weren't considered important at that time.
- Can you think of any people in our world that might not be considered important?
- If you want to, you can write a thought or a prayer for them onto a Postit note and stick it onto the map.

#### Joy to the World (for home)

**Equipment:** Hand bell or Jingle bells (or use a bell sound on a phone).

- Gather your friends and family around a table or on cushions. Place the bell in the middle of you all.
- Explain what the bell is for and invite everyone to take their time and reflect on the year.
- Reflect on (think back on) this last year full of highs and lows.
- When you think about something that HAS brought you joy. Grab the bell and ring (or jingle) and share the joyful memory with those around you.
- Place the bell back in the middle and carry on reflecting. Be careful, joy is contagious! This could be loud and lots of fun!

**May your home ring out with joy and good news!!**

# Balancing screen time

internet  
matters.org

5 top tips to support children and young people

1

## Lead by example

Just like anything, **children copy their parents' actions and behaviour**. If you set boundaries for your own screen, it will be easier for your kids to do the same.

2

## Set boundaries WITH your kids

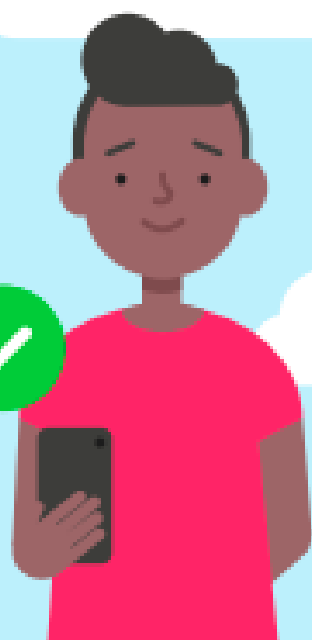
Get them involved in the process of **setting age appropriate limits** on how long they can spend online, at what times and on which platforms. Set up screen-free times or rooms where screens are out of sight and therefore more likely to be out of mind. Review these as they get older and give them the space to take greater responsibility for their screen use.



3

## Ensure a healthy mix of screen activity

Make sure they have a good balance of **screen activities** that encourage creativity, learning & education, connecting with family & friends, as well as using devices for passively engaging with content.



4

## Avoid using screen time as a reward

This will elevate the status of screen time above other activities and like using food as a reward may encourage children to simply want more.



5

## Physical activity & sleep are really important

Make sure screens are not displacing these things by keeping screens out of bedrooms at bed time and that you are creating opportunities for your children to be active each day.



# Creating a balanced digital diet

Like a healthy meal, a healthy digital diet can help children to **develop good online habits**. Use our **digital diet tips** to help children prioritise screen time activities in a balanced way.



Scan below or visit [internetmatters.org](https://internetmatters.org) for more advice



[internetmatters](https://www.facebook.com/internetmatters)

[@im\\_org](https://twitter.com/im_org)

[@internetmatters](https://www.youtube.com/channel/UC8wvWtMtttL11)

[internetmattersuk](https://www.linkedin.com/company/internet-matters-uk)

[@internetmattersuk](https://www.instagram.com/internetmattersuk)

[@internetmattersuk](https://www.pinterest.com/internetmattersuk)

internet  
matters.org

# SMS

Shropshire Music Service  
TEACHING MUSIC - CHANGING LIVES

## BRIDGNORTH STOMPERS

Starts Thursday 11th January 2024

4pm - Bridgnorth Endowed School (N. Gate, Bridgnorth, WV16 4ES).

Rehearsals take place weekly in term time, and are free of charge for all participants.

**REGISTER TODAY!**



SCAN ME!



01743 874145



[admin@shropshiremusicservice.org.uk](mailto:admin@shropshiremusicservice.org.uk)



[www.shropshiremusicservice.org.uk/ensembles](http://www.shropshiremusicservice.org.uk/ensembles)